

Wise COLLAGEN Protein

INFO SHEET



Are you looking for a product that will make you feel and look younger?

Studies have found that Wise COLLAGEN Protein can treat osteoarthritis, osteoporosis, increase muscle mass and reduce wrinkles.



Wise COLLAGEN Protein will truly help to slow down your aging both inside and out.

- Unflavoured making it ideal to mix in any drink of your choice
- Dissolves instantly in any warm or cold liquid
- Easily digested and absorbed
- Safe for long term use
- Heat resistant



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What is Wise COLLAGEN Protein?

- Not all Collagens are the same! Wise COLLAGEN Protein is a “peptan hydrolyzed collagen”. Collagen is the most abundant protein in the body. It is key for the structure of bone, skin, muscle, cartilage, tendons and ligaments. It is essential for maintaining mobility. 90% of bone is collagen. As we age, collagen becomes extremely important, not only for bone health but also for the health of our joints and for a youthful looking skin.

Benefits:

- **For Joint Pain** – Arthritis can be one of the most disabling diseases in developing countries. All joints contain cartilage that serves to cushion and protect the joints. When cartilage breaks down with old age or from past injuries, then bone articulates with bone leading to pain and reduced function of the joint. Studies have found that oral supplementation of Wise Collagen Protein can significantly support the structure of cartilage and reduce pain associated with arthritis.
- **For Bone health** – Essential for osteoporosis and osteopenia because 90% of bone mass is from collagen. Wise COLLAGEN Protein maintains the integrity of the bones because it acts on osteoblasts which are the cells that encourage bone formation and inhibits the action of osteoclasts the cells that break down bone. It is definitely a supplement needed for patients with a family history of osteopenia or osteoporosis or those who have any of the following risk factors: early menopause, smoker, 65 or older, weight less than 132 lbs, more than 3 alcoholic beverages per day, low testosterone, rheumatoid arthritis, celiac disease, gastric bypass surgery, COPD, or taking steroids.
- **For Muscle Formation** – Restores the protein content of muscles after exercise. It helps in muscle regeneration and performance in athletes. It contains 18 amino acids, which also makes it an effective supplement to restore the protein content of muscles after exercise.
- **Weight Management** – Provides a sense of satiety and it has a low glycemic load. It is a keto friendly supplement because it has zero total carbohydrates.
- **For Skin & Hair health** – Collagen is also a powerful anti-aging ingredient for skin. Pollution, sun exposure, injury and aging can all cause collagen in the skin to break down and lead to changes we associate with aging. Collagen provide strength and texture to the skin, nails and hair.



Ingredients:

Each heaping scoop (10 g) contains:

- Peptan Hydrolyzed collagen – Type 1 10,000 mg (BSE free, Brazilian bovine source, grass fed, Halal and Kosher certified)

Non-medicinal ingredients: NONE.

- Contains no added gluten, nuts, eggs, dairy products, fish or shellfish, soy, corn, wheat or yeast.

Cautions and Warnings:

- Consult with a health care practitioner prior to use if you are pregnant or breastfeeding or if you have liver or kidney disease.

What do the studies with Wise Collagen Protein show?

- A recent study found that individuals with osteoarthritis who were supplementing with 10 g of Wise Collagen Protein per day for 60 days experienced a significant decrease in hip and knee pain. Those with more severe osteoarthritis benefited the most.
- Another 24-weeks study showed how it helped younger athletes who suffered from activity related joint pain. The athletes took 10 g per day of Wise Collagen Protein and it helped to reduce pain at rest, when walking, standing or carrying objects.
- Another study found that Wise Collagen Protein increased collagen fibres in the skin and reduced collagen fragmentation (a major component of the aging process of the skin) by 18% in 1 month and 31% in 3 months.
- Studies on individuals diagnosed with osteoporosis, showed that Wise COLLAGEN Protein can increase in bone density and strength (even in the absence of healthy hormones).
- Another study showed that Wise Collagen Protein can increase skin hydration levels by 28% after 8 weeks, reduce wrinkles and increase skin suppleness by 19% in 12 weeks.

